



KINGSTON SEYMOUR COMMUNITY ACTION CORONA VIRUS / Covid-19

The Kingston Seymour community are aware that the ongoing situation with Corona Virus / Covid 19 could potentially bring hardship to a number of people within our community

The Parish Council have worked with a great local support team to create a community action plan to contact and assist any member of the Kingston community who may need to stay in their home

IF YOU HAVE TO STAY AT HOME

- **STAY CALM AND SAFE-** please do not put yourself at risk, stay indoors and protect yourself
- **CONTACT US:** we are here to help where we can! Please call any of our community support team who will coordinate the actions to support those in need of help. This could include shopping, prescriptions, posting mail or even just a friendly ear and voice at the end of a phone

Corona virus is contagious so our helpers will not come into your property and will leave or collect items from your doorstep having agreed the time with you

COMMUNITY SUPPORT TEAM

ZOE BARTLETT	07796 353 989
RICHARD BARBER	01934 838 417
ANDY GILLAM	07707 100 013
MARK HUMPHRIES	07791 610 634
SUE THOMAS	01934 833 593

Alternatively, you can contact us at:
kingstonseymourcap@gmail.com

IF YOU CAN HELP OTHERS

- *Simply be a good neighbour and check on those who live nearest to you.*
- *If you are happy to help the action team elsewhere in the village, please call or email the team with your details. Thanks!*

THE VILLAGE POST OFFICE

The Post Office will now be open every Tuesday between 10 and 11 am only, and unfortunately, the usual coffee and produce facilities will not be available for the time being.